

APPRENTICESHIP PROGRAMS

Journey-Level Card + Associate of Applied Science Degree Programs

See Department website and program contacts here (<https://www.mhcc.edu/Apprenticeship/>)

Mt. Hood Community College collaborates with multiple apprenticeship training centers. Each training center's website provides valuable information on how to prepare and apply for their respective apprenticeship programs.

Apprenticeship AAS Requirements

Code	Title	Credits
Journey-Level Card		
Written Communication, 4 credits		
Mathematics, 4 credits		
Human Relations, 3 credits		
Health and Physical Education, 3 credits		

Written Communication

Complete one (1) of the following:

Code	Title	Credits
WR101	Workplace Communications I	3-4
or WR121Z	Composition I	

or

Embedded APR course that covers communication skills for the workplace or industry.

Mathematics

Complete one (1) of the following:

Code	Title	Credits
MTH065	Beginning Algebra II	4-6
or MTH058	Quantitative Reasoning I	

or

Embedded APR course that covers industry computation.

Health and Physical Education

Complete one (1) of the following:

Code	Title	Credits
Three (3) credits of HPE/PE/HE (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health)		

or

Embedded APR course that covers workplace safety, wellness, CPR/First Aid, etc.

Human Relations

Complete one (1) of the following:

Code	Title	Credits
Three (3) credits from Human Relations course list (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#human)		

One (1) course from Arts & Letters course list (<https://catalog.mhcc.edu/degree-certificate-requirements/aaot/#arts-letters>)

One (1) course from Social Science course list (<https://catalog.mhcc.edu/degree-certificate-requirements/aaot/#social>)

Three (3) credits embedded APR coursework that require students to meet at least two of the following:

- Evaluate personal skill and experience levels and relate them to potential careers Identify factors influencing development and analysis of the accuracy of one's own self- concept, including socio-cultural, gender, and individual influences, and how self- concept is maintained and changed
- Describe basic human emotions and the verbal and nonverbal expression of emotions, and how emotions impact thinking, perception and communication
- Explain why human relations skills are important in today's workplace
- Use intra- and interpersonal management skills to increase effectiveness in personal and professional relationships
- Develop and exercise leadership skills, decision-making, mentorship, and/or conflict resolution
- Discuss how a situation and/or environment affect a leader's ability to lead Differentiate between discrimination and prejudice
- Explain and apply laws that govern human relations in the workplace regarding sexual harassment, age, gender, national origin, race, sexual orientation, religion, and veteran status

Apprenticeship Training Centers

Information	Web Shortcut	Phone Number
Brick Masons	Bricklayers and Allied Craftworkers (https://www.mhcc.edu/BrickMasons/)	503-234-3781
Carpenters, Millwrights, Pile Drivers, Interior/Exterior Specialist, Scaffold Erectors, Drywall Finishers, Trade Show Exhibition Workers	Western States Carpenter Training Fund (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/southwest-mountain-states-carpenters/)	503-287-3708
Cement Masons	Cement Masons Local Chapter 555 (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/cement-masons/)	503-408-8555

Electrical—Portland/Metro	NECA-IBEW Electrical Training Center (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/NECA-IBEW-electrical-training-center/)	503-262-9991	Ironworkers	Ironworkers Chapter 29 (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/ironworkers/)	503-774-0777
Electrical—Tangent, OR	Central Electrical Training Center (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/central-electrical-training-center/)	541-917-6199	Laborers	Oregon Laborers Training and Apprenticeships (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/construction-craft-laborers/)	541-745-5513
Electrical—Central Point, OR	Crater Lake Electrical (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/crater-lake-electrical/)	541-773-5888	Roofers, Waterproofers & Allied Workers	Oregon and SW Washington Roofers and Waterproofers (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/roofers-waterproofers-allied-workers/)	503-546-4235
Electrical—North Bend	Pacific Inside Electrical Training (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/pacific-inside-electrical/)	541-756-6997	Painters/Drywall Finishers/Traffic Control Painters	Regional Training Center (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/painters-dry-wall-finishers-traffic-control-painters/)	503-258-1767
Floor Coverers	Floor Coverers Local 1236 (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/floor-coverers-apprenticeship/)	971-219-9980	Plasterers	Plasterers Local #82 (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/plasterers/)	503-408-8555
Glass Workers	Glaziers Local 740 (https://www.mhcc.edu/education-options/career-technical-programs/career-pathways/apprenticeships/glass-workers/)	503-255-3920			

Sheet Metal	Sheet Metal Institute (https:// www.mhcc.edu/ education-options/ career-technical- programs/career- pathways/ apprenticeships/sheet- metal-institute/)	503-257-1022
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How to Apply

Step 1: Research different programs and trades

Learn as much as you can about the trade you are interested in pursuing. Visit MHCC's Apprenticeship webpage (<https://www.mhcc.edu/apprenticeship/>) for more information and steps for getting started. Each training center's website provides valuable information on how to prepare & apply for their apprenticeship opportunities.

Step 2: Gather documents and information

Applying for an apprenticeship is just like applying for a job, so you will need to prepare in a similar way.

- Gather dates and addresses for jobs you have worked. Complete a practice application or resume so all of your information is in one place.
- Ask current and past employers for a letter of recommendation. Even if the job is not a trade, this shows you are a good employee who arrives on time and works hard.
- Get a copy of your high school and/or college transcripts.
- Keep track of projects you have completed in hands-on classes, as a hobby, or with a friend or relative (think about including a picture to document your work.)
- Practice your interviewing skills.

Step 3: Gain experience in the industry

Many apprenticeships are competitive. Gaining job-specific experience is a great way to supplement your unique strengths. For example, you can work entry-level jobs in the construction industry. There are positions as a material handler (electrician), flagger (carpentry and others), or classified worker (sheet metal). You can also consider volunteering with a non-profit organization, church, or community organization.

Pre-Apprenticeship Programs

Pre-apprenticeship programs can help you build skills and gain experience. They can prepare you to succeed in your chosen trade. Pre-apprenticeships typically last six to twelve weeks, although programs vary. You can find open opportunities on the Oregon Pre-Apprenticeship Tracking System (<https://www.oregon.gov/boli/apprenticeship/Pages/pre-apprenticeship-programs.aspx>) (OPAT).

Step 4: Learn as much as you can about apprenticeship programs

Discover what a career in the trades can offer you. Learn about opportunities in the skilled trades, how apprenticeships work, and how to land a job in the trade of your choice. It's important that you know a lot about the apprenticeships that you may want to apply for.

- ★ Course offered online
- 🌐 Cultural Literacy course