

ASSOCIATE OF ARTS OREGON TRANSFER DEGREE (AAOT)

The **Associate of Arts Oregon Transfer (AAOT)** degree is a broad transfer degree designed for students who plan to continue their education at a public university in Oregon. The AAOT includes general education requirements and elective coursework that provide a flexible foundation for transfer into a variety of bachelor's degree programs.

The AAOT is not major-specific and is often a good option for students who are **exploring academic or career interests** or whose intended major does not have a designated transfer degree.

Students who transfer after completing the AAOT will have **junior standing for registration and financial aid purposes** at Oregon public universities. However, junior standing within a specific major is not guaranteed.

Because requirements vary by university and intended major, students are strongly encouraged to work with an academic advisor (<https://www.mhcc.edu/student-resources/academic-advising/>) and identify their preferred transfer institution early. This helps ensure that course selections align with specific university requirements and supports a smooth transfer process.

Associate of Arts Oregon Transfer programs offered at MHCC:

- Elementary Education (<https://catalog.mhcc.edu/degree-certificate-requirements/aaot-elementary-education/>)
- AAOT - Exploratory

Degree Requirements

Code	Title	Credits
Mathematics (transfer-level), 1 course		4-5
Written Communication, 2 courses		7-8
Oral Communication, 1 course		3-4
Arts & Letters - 3 courses (including one course that meets Cultural Literacy criteria)		9-12
Social Science, 4 courses		12-16
Science / Mathematics / Computer Science, 4 courses		12-16
Health and Physical Education, 3 credits		3
Electives to reach 90 applicable degree credits		26-40
Total Credits		90

Mathematics (transfer-level)

Complete one (1) course:

Code	Title	Credits
MTH105Z	Math in Society	4
MTH111Z	Precalculus I: Functions	4
MTH112Z	Precalculus II: Trigonometry	4
MTH211	Fundamentals of Elementary Mathematics I	4
MTH212	Fundamentals of Elementary Mathematics II	4
MTH213	Fundamentals of Elementary Mathematics III	4
MTH251Z	Differential Calculus	4
MTH252Z	Integral Calculus	4
MTH253Z	Calculus: Sequences and Series	4

MTH254	Calculus IV: Multivariable/Vector Calculus Part 1	5
MTH255	Calculus V: Multivariable/Vector Calculus Part 2	4
MTH256	Differential Equations	5
MTH261	Linear Algebra	4
STAT243Z	Elementary Statistics I	4
STAT244	Elementary Statistics II	4

Written Communication (p. 1)

Complete two (2) courses:

Code	Title	Credits
WR121Z	Composition I	4
WR122Z or WR227Z	Composition II Technical Writing	4

Oral Communication

Complete one (1) course:

Code	Title	Credits
COMM100Z	Introduction to Communication	4
COMM111Z	Public Speaking	4
COMM114	Argument and Critical Discourse	3
COMM115	Introduction to Intercultural Communication 🌐	4
COMM218Z	Interpersonal Communication	4
COMM219	Small Group Communication	3

Arts & Letters

Complete three (3) courses from at least two (2) disciplines:

Code	Title	Credits
Art/Art History		
ART115	Basic Design I: Two-Dimensional	4
ART116	Basic Design II: Color Theory	4
ART117	Basic Design III: Three-Dimensional	4
ART204	History of Western Art: Prehistoric - Byzantine	4
ART205	History of Western Art: Medieval - Renaissance	4
ART206	History of Western Art: Baroque - Modern	4
ART211	Survey of Visual Arts 🌐	4
ART215P	Survey in Visual Arts: Photography	3
ART225	Digital Art Toolbox	4
ART226	Digital Drawing and Imaging	4
ART227	Introduction to Animation	4
ART231	Drawing I	4
ART232	Drawing II	4
ART233	Drawing III	4
ART234	Figure Drawing I	4
ART235	Figure Drawing II (if taken summer 2019 or later)	4
ART236	Figure Drawing III (if taken summer 2019 or later)	4
ART240	Character Design and Illustration	4
ART254	Ceramics I	4
ART255	Ceramics II	4
ART256	Ceramics III	4
ART257	Jewelrymaking/Metalsmithing I	4
ART258	Jewelrymaking/Metalsmithing II	4

ART259	Jewelrymaking/Metalsmithing III	4	HUM202	Ethics in the Workplace 🌐	3
ART260	Introduction to Digital Photography	4	Film Studies		
ART261	Black and White Film Photography	3	FA257	Films and Society 🌐	4
ART262	Intermediate Black and White Film Photography	3	FA258	Understanding the Film 🌐	4
ART271	Printmaking I: Screen Printing and Relief Printing	4	FA266	Film Directors 🌐	4
ART272	Printmaking II: Screen, Relief and Intaglio Printmaking	4	FA270	Film Genres	4
ART273	Printmaking III: Advanced Printmaking	4	Modern Languages (second-year)		
ART281	Painting I	4	ASL201	Second-year American Sign Language I 🌐	4
ART282	Painting II (if taken summer 2019 or later)	4	ASL202	Second-year American Sign Language II 🌐	4
ART283	Painting III (if taken summer 2019 or later)	4	ASL203	Second-year American Sign Language III 🌐	4
ART291	Sculpture I	4	JPN201	Second-year Japanese I 🌐	5
ART292	Sculpture II	4	JPN202	Second-year Japanese II 🌐	5
ART293	Sculpture III	4	JPN203	Second-year Japanese III 🌐	5
ART294	Watercolor I	4	SPAN201	Second-year Spanish I 🌐	4
ART296	Watercolor II	4	SPAN202	Second-year Spanish II 🌐	4
ART297	Watercolor III (if taken summer 2019 or later)	4	SPAN203	Second-year Spanish III 🌐	4
Communication / Speech (cannot be same course used to fulfill Oral Communication requirement)					
COMM100Z	Introduction to Communication	4	Music		
COMM111Z	Public Speaking	4	MUS101	Music Fundamentals	3
COMM114	Argument and Critical Discourse	3	MUS103	Jazz History	3
COMM115	Introduction to Intercultural Communication 🌐	4	MUS105	History of Rock	3
COMM218Z	Interpersonal Communication	4	MUS111	Music Theory I	3
COMM219	Small Group Communication	3	MUS112	Music Theory II	3
Creative Writing					
WR240	Creative Writing: Nonfiction	4	MUS113	Music Theory III	3
WR241	Creative Writing: Fiction I	4	MUS201	Music in Cinema 🌐	3
WR242	Creative Writing: Poetry I	4	MUS211	Music Theory IV 🌐	3
WR244	Creative Writing: Poetry II	4	MUS212	Music Theory V 🌐	3
WR245	Creative Writing: Fiction II	4	MUS213	Music Theory VI 🌐	3
English / Literature					
ENG104Z	Introduction to Fiction	4	MUS268	Music History: Baroque to Romantic 🌐	4
ENG105Z	Introduction to Drama	4	MUS279	Popular Songwriting	3
ENG106Z	Introduction to Poetry	4	Philosophy		
ENG201	Shakespeare	4	PHL191	Language and the Layout of Argument	4
ENG204	British Literature I: Old English to Renaissance 🌐	4	PHL201	Introduction to Philosophy 🌐	4
ENG205	British Literature II: Age of Enlightenment to Present 🌐	4	PHL202	Fundamental Ethics 🌐	4
ENG212	Latin American Literature	4	Religion		
ENG218	Arthurian Legends	4	R210	World Religions 🌐	3
ENG222	Women's Literature 🌐	3	R211	History of the Old Testament 🌐	3
ENG250	Introduction to Mythology	4	R212	History of the New Testament 🌐	3
ENG253	Survey of American Literature I 🌐	4	Theatre Arts		
ENG254	Survey of American Literature II 🌐	4	TA101	Appreciating Theatre	3
ENG257	Introduction to African American Literature 🌐	4	TA106	Theatre History: Origins to the Renaissance 🌐	3
ENG261	Literature of Science Fiction 🌐	4	TA107	Theatre History: Restoration to Contemporary 🌐	3
ENG271	World Literature: The Classical World (Ancient Literature to 1000 C.E.) 🌐	4	TA121	Costuming 🌐	3
ENG272	World Literature: 1000 to 1800 C.E. 🌐	4	TA141	Acting Fundamentals I	3
ENG273	World Literature: 1800 C.E. to the Present 🌐	4	TA142	Acting Fundamentals II	3
Ethics in the Workplace					
			TA143	Acting Fundamentals III	3
			TA148	Movement for the Actor	3
Social Science					
Complete four (4) courses from at least two (2) disciplines:					

Code	Title	Credits
General Social Science		
SSC100	Introduction to Social Entrepreneurship	4
Anthropology		
ANTH201	Introduction to Biological Anthropology	4
ANTH202	Introduction to Archaeology and World Prehistory	4
ANTH203	Introduction to Cultural Anthropology	4
ANTH240	Language and Culture	4
Communication		
COMM115	Introduction to Intercultural Communication	4
Economics		
EC115	Introduction to Economics	3
EC201Z	Principles of Microeconomics	4
EC202Z	Principles of Macroeconomics	4
Geography		
GEOG105	Introduction to Physical Geography	3
GEOG106	Introduction to World Regional Geography	3
GEOG107	Introduction to Cultural Geography	3
GEOG202	The Geography of Europe	3
GEOG206	Geography of Oregon	3
GEOG209	Geography of the Middle East and North Africa	3
GEOG214	Geography of Mexico and Central America	3
GEOG290	Environmental Problems and Restoration	3
History		
HST101	Western Civilization: Ancient and Classical Europe	4
HST102	Western Civilization: Medieval and Early Modern Europe	4
HST103	Western Civilization: Modern Europe	4
HST110	Ancient World History	4
HST111	Medieval World History	4
HST112	Modern World History	4
HST195	History of the Vietnam War	4
HST201Z	United States History I	4
HST202Z	United States History II	4
HST203Z	United States History III	4
HST204	Women in U.S. History	4
HST225	Women in World History	4
HST237	America in the 1960s	4
HST240	History of Oregon	4
HST264	African-American History: 1500 - 1870s	4
HST265	African-American History: 1870 - Present	4
HST270	History of Mexico	4
International Studies		
INTL101	Introduction to International Studies	4
Journalism		
J211	Introduction to Mass Communications	3
Music History		
MUS103	Jazz History (if taken summer 2020 or later)	3
MUS105	History of Rock (if taken summer 2020 or later)	3
MUS201	Music in Cinema	3
MUS268	Music History: Baroque to Romantic (if taken summer 2020 or later)	4
MUS279	Popular Songwriting	3
Political Science		
PS200	Introduction to Political Science	4
PS201	American Government	4
PS203	State and Local Governments	4
PS204	Introduction to Comparative Politics	4
PS205	International Relations	4
PS209	Problems in American Politics	4
PS215	Global Issues	4
PS217	Introduction to Public Land Management: The Politics of Recreation	3
PS225	Political Ideology: Ideas About Government	4
PS241	Introduction to Political Terrorism	4
Psychology		
PSY101	Psychology of Human Relations	3
PSY151	Introduction to the Social Sciences	3
PSY201Z	Introduction to Psychology I	4
PSY202Z	Introduction to Psychology II	4
PSY214	Introduction to Personality	4
PSY216	Social Psychology	3
PSY231	Human Sexuality	3
PSY232	Sexuality and Society	3
PSY237	Human Development	4
PSY239	Introduction to Abnormal Psychology	4
Sociology		
SOC204Z	Introduction to Sociology	4
SOC205Z	Social Change and Institutions	4
SOC206Z	Social Problems	4
SOC213	Race Relations in the United States	4
SOC215	Gender and Society	3
SOC216	Sociology of the Family	3
SOC223	Sociology of Aging	3
Theatre History		
TA106	Theatre History: Origins to the Renaissance (if taken summer 2021 or later)	3
TA107	Theatre History: Restoration to Contemporary (if taken summer 2021 or later)	3
Women's Studies		
WS101	Introduction to Women's Studies	3
World Literature		
ENG271	World Literature: The Classical World (Ancient Literature to 1000 C.E.) (if taken summer 2020 or later)	4
ENG272	World Literature: 1000 to 1800 C.E. (if taken summer 2020 or later)	4
ENG273	World Literature: 1800 C.E. to the Present (if taken summer 2020 or later)	4

Cultural Literacy

Complete one (1) course from Arts & Letters, Social Science, or Elective that is designated as fulfilling Cultural Literacy:

Cultural Literacy is the only degree requirement that can be "double-dipped."

For example:

- MUS268 will fulfill the Cultural Literacy requirement, **and** count toward either Arts & Letters *or* Social Science.
- COMM115 will fulfill the Cultural Literacy requirement, **and** count toward either Oral Communication *or* Arts & Letters.

Always check your official degree audit on MyMHCC to see how courses are counting toward your chosen degree's requirements.

Code	Title	Credits
ANTH202	Introduction to Archaeology and World Prehistory 🌐	4
ANTH203	Introduction to Cultural Anthropology 🌐	4
ANTH240	Language and Culture 🌐	4
ART211	Survey of Visual Arts 🌐	4
ASL201	Second-year American Sign Language I 🌐	4
ASL202	Second-year American Sign Language II 🌐	4
ASL203	Second-year American Sign Language III 🌐	4
COMM115	Introduction to Intercultural Communication 🌐	4
ENG204	British Literature I: Old English to Renaissance 🌐	4
ENG205	British Literature II: Age of Enlightenment to Present 🌐	4
ENG222	Women's Literature 🌐	3
ENG253	Survey of American Literature I 🌐	4
ENG254	Survey of American Literature II 🌐	4
ENG257	Introduction to African American Literature 🌐	4
ENG261	Literature of Science Fiction 🌐	4
ENG271	World Literature: The Classical World (Ancient Literature to 1000 C.E.) 🌐	4
ENG272	World Literature: 1000 to 1800 C.E. 🌐	4
ENG273	World Literature: 1800 C.E. to the Present 🌐	4
FA257	Films and Society 🌐	4
FA258	Understanding the Film 🌐	4
FA266	Film Directors 🌐	4
GEOG106	Introduction to World Regional Geography 🌐	3
GEOG107	Introduction to Cultural Geography 🌐	3
GEOG202	The Geography of Europe 🌐	3
GEOG206	Geography of Oregon 🌐	3
GEOG209	Geography of the Middle East and North Africa 🌐	3
GEOG214	Geography of Mexico and Central America 🌐	3
HST101	Western Civilization: Ancient and Classical Europe 🌐	4
HST102	Western Civilization: Medieval and Early Modern Europe 🌐	4
HST103	Western Civilization: Modern Europe 🌐	4
HST110	Ancient World History 🌐	4

HST111	Medieval World History 🌐	4
HST112	Modern World History 🌐	4
HST195	History of the Vietnam War 🌐	4
HST204	Women in U.S. History 🌐	4
HST225	Women in World History 🌐	4
HST237	America in the 1960s 🌐	4
HST240	History of Oregon 🌐	4
HST264	African-American History: 1500 - 1870s 🌐	4
HUM202	Ethics in the Workplace 🌐 (if taken summer 2019 or later)	3
INTL101	Introduction to International Studies 🌐	4
JPN201	Second-year Japanese I 🌐	5
JPN202	Second-year Japanese II 🌐	5
JPN203	Second-year Japanese III 🌐	5
MUS201	Music in Cinema 🌐	3
MUS211	Music Theory IV 🌐	3
MUS212	Music Theory V 🌐	3
MUS213	Music Theory VI 🌐	3
MUS268	Music History: Baroque to Romantic 🌐	4
PHL201	Introduction to Philosophy 🌐	4
PHL202	Fundamental Ethics 🌐	4
PS205	International Relations 🌐	4
PSY214	Introduction to Personality 🌐	4
PSY232	Sexuality and Society 🌐	3
R210	World Religions 🌐	3
R211	History of the Old Testament 🌐	3
RD117	Critical Reading	3
SOC213	Race Relations in the United States 🌐	4
SOC215	Gender and Society 🌐	3
SPAN201	Second-year Spanish I 🌐	4
SPAN202	Second-year Spanish II 🌐	4
SPAN203	Second-year Spanish III 🌐	4
TA106	Theatre History: Origins to the Renaissance 🌐	3
TA107	Theatre History: Restoration to Contemporary 🌐	3
WS101	Introduction to Women's Studies 🌐	3

Science / Mathematics / Computer Science

Complete four (4) courses from at least two (2) disciplines. Three (3) courses must be lab sciences, and one (1) course may either be a lab or non-lab course.

Lab Sciences

Code	Title	Credits
Lab Sciences recommended for Non-Science/Engineering Majors		
<i>Anatomy</i>		
BI100	Survey of Body Systems	4
BI121	Essentials of Human Anatomy and Physiology I	4
BI122	Essentials of Human Anatomy and Physiology II	4
BI231Z	Human Anatomy and Physiology I	4
BI232Z	Human Anatomy and Physiology II	4
BI233Z	Human Anatomy and Physiology III	4

Astronomy

PH104	Descriptive Astronomy	4
<i>Biology</i>		
BI101	General Biology: Cellular Biology	4
BI102	General Biology: Molecular Biology	4
BI103	General Biology: Ecology and Evolution ¹	4
BI132	Introduction to Animal Behavior (formerly BI103; cannot be repeated for credit) ¹	4
BI133	Northwest Forest Ecology (formerly BI103; cannot be repeated for credit) ¹	4
<i>Chemistry</i>		
CH104Z & CH124Z	Introduction to Chemistry and Introduction to Chemistry Lab	5
CH105	Organic Chemistry for Health Professions	5
CH106	Biological Chemistry for Health Professions	5
<i>General Science</i>		
GS104	Physical Science - Physics	4
GS105	Environmental Chemistry [‡]	4
or GS105A	Chemistry for the Consumer	
or GS105B	Chemistry of Food and Cooking	
GS106	Physical Science: Geology	4
<i>Geology</i>		
G148B	Volcanoes and Their Activity (formerly G148; cannot be repeated for credit) ²	4
G165	Regional Field Geology	3
Lab Sciences recommended for Science, Engineering or Other STEM-Focused Majors		
<i>Biology</i>		
BI112	Biology for Health Professions	5
BI221Z	Principles of Biology: Cells	5
BI222Z	Principles of Biology: Organisms	5
BI223Z	Principles of Biology: Ecology and Evolution	5
BI234	Microbiology	4
<i>Chemistry</i>		
CH150Z	Preparatory Chemistry	4
CH221Z & CH227Z	General Chemistry I and General Chemistry I Laboratory	5
CH222Z & CH228Z	General Chemistry II and General Chemistry II Laboratory	5
CH223Z & CH229Z	General Chemistry III and General Chemistry III Laboratory	5
CH241	Organic Chemistry I	5
CH242	Organic Chemistry II	5
CH243	Organic Chemistry III	5
<i>Natural Resources Ecology</i>		
F240	Natural Resources Ecology	4
<i>Fish & Wildlife</i>		
FW252	Mammals: Biology and Techniques	4
FW253	Field Ornithology	4
<i>Geology</i>		
G201	Principles of Physical Geology 1	4
G202	Principles of Physical Geology 2	4
G203	Principles of Historical Geology	4
<i>Physics</i>		

PH201	General Physics I	5
PH202	General Physics II	5
PH203	General Physics III	5
PH211	General Physics with Calculus I	5
PH212	General Physics with Calculus II	5
PH213	General Physics with Calculus III	5

[‡] Students may receive credit toward credential completion for **one** of the GS105 course options.

¹ BI103 used to be taught as BI103A, 103B, 103C, etc. BI103B became BI132; BI103D became BI133. Students may receive credit toward credential completion for only **one** of the following: BI103, BI103A, BI103B, BI103C, BI103D, BI132, or BI133.

² Students may receive credit toward credential completion for **one** of the G148 options, either lab or non-lab but not both.

Non-Lab Science / Mathematics / Computer Science

Code	Title	Credits
Non-Lab recommended for Non-Science/Engineering Majors		
<i>Astronomy</i>		
PH109C	Observational Astronomy	3
PH121	General Astronomy	3
PH122	General Astronomy	3
PH123	General Astronomy	3
<i>Geology</i>		
G148C	Volcanoes and Their Activity (formerly G148; cannot be repeated for credit) ¹	3
<i>Nutrition</i>		
FN/HE225	Nutrition	4
Non-lab recommended for Science, Engineering or Other STEM-Focused Majors		
<i>Computer Science</i>		
CS160	Computer Science Orientation	4
CS161	Computer Science I	4
CS162	Computer Science II	4
CS205	Systems Programming and Architecture	4
CS250	Discrete Structures I	4
CS251	Discrete Structures II	4
CS260	Data Structures	4
<i>Engineering</i>		
ENGR201	Electrical Fundamentals I	5
ENGR211	Statics	4
ENGR212	Dynamics	4
ENGR213	Strength of Materials	4
GE101	Engineering Orientation	4
GE102	Engineering Computations	3
GE115	Engineering Graphics	3
<i>Fish & Wildlife</i>		
FW251	Principles of Wildlife Conservation	3
<i>Mathematics</i>		
MTH105Z	Math in Society	4
MTH111Z	Precalculus I: Functions	4
MTH112Z	Precalculus II: Trigonometry	4
MTH211	Fundamentals of Elementary Mathematics I	4

MTH212	Fundamentals of Elementary Mathematics II	4
MTH213	Fundamentals of Elementary Mathematics III	4
MTH251Z	Differential Calculus	4
MTH252Z	Integral Calculus	4
MTH253Z	Calculus: Sequences and Series	4
MTH254	Calculus IV: Multivariable/Vector Calculus Part 1	5
MTH255	Calculus V: Multivariable/Vector Calculus Part 2	4
MTH256	Differential Equations	5
MTH261	Linear Algebra	4
STAT243Z	Elementary Statistics I	4
STAT244	Elementary Statistics II	4

¹ Students may receive credit toward credential completion for **one** of the G148 options, either lab or non-lab but not both.

Health and Physical Education

Complete three (3) credits:

Code	Title	Credits
HE151	Drug Education: Stimulants and Performance Enhancing Drugs	3
HE152	Drug Education: Opioids, Cannabis, Depressants and Hallucinogens	3
HE202	Adult Development and Aging	1
HE204	Nutrition for Health	3
HE205	Diet Appraisal	1
HE207	Stress Control Through Activity Intervention	1
HE209	Sport and Exercise Nutrition	1
HE208	HIV and Other Sexually Transmitted Infections	1
HE/FN225	Nutrition (FN225, if taken summer 2021 or later)	4
HE242	Stress and the Human Body	3
HE250	Personal Health and Wellness	3
HE251	Wilderness First Aid	2
HE252	First Aid: Responding to Emergencies	3
HE255	Alcohol and the Family	3
HE261	CPR - Cardiopulmonary Resuscitation	1
HE262	Basic Life Support	1
HE265	Women's Health	3
HE289	Wilderness First Responder	4
HPE110	Teambuilding and Group Facilitation	3
HPE120	Introduction to Navigation	1
HPE170	Structure and Function of the Human Body	3
HPE172	Exercise Science	3
HPE174	Fitness Assessment and Programming	3
HPE260	Prevention and Care of Exercise-Related Injuries	3
HPE270	Introduction to Sport Psychology	3
HPE285OL	Wilderness Survival	3
HE289L	Wilderness First Responder Part-2	2
HE289R	Wilderness First Responder - Recertification	2
HPE291	Lifeguard Training	2
HPE295	Health and Fitness for Life	3

PE131	Introduction to Exercise and Sports Science	3
PE185__	PE185 activity course ¹	1

¹ Three (3) credit hours of PE185 may be granted toward an associate degree at MHCC for completion of military basic training. A copy of the DD214 form or a Joint Services Transcript is required.

Electives

Complete electives (100-level and higher) to reach a total of 90 degree credits. Up to 6 credits of PE185, 15 credits of IECC (200-level), 12 credits of career-technical courses (including WE280 cooperative internship courses) may be applied as elective credits to the AAOT. See the Course Information section for elective credit/course eligibility.

Transfer students may need a foreign language to fulfill university admission requirements. Those seeking a Bachelor of Arts degree must complete the second year of a language other than English (201/202/203 or equivalent) before graduating from a public Oregon university. Second-year language courses offered at MHCC include American Sign Language (ASL), Spanish, and Japanese.